



ARRECIFE GRAN HOTEL & SPA \*\*\*\*\*

# • BREAKFAST •

## TOAST

<b>TRUFFLED EGGS BENEDICT</b> <i>with sautéed mushrooms</i> 🌾 ● 🥛	<b>7 €</b>	<b>SPREAD OF CANARIAN TOMATOES</b> <i>with iberian ham shoulder</i> 🌾	<b>4,5 €</b>
<b>AVOCADO ON TOMATO CREAM</b> <i>almond sauce and seed mix</i> 🌾 🥛	<b>5,5 €</b>	<b>AVOCADO ON TOMATO CREAM + IBERIAN SHOULDER</b> <i>almond sauce, seed mix, and iberian shoulder</i> 🌾 🥛	<b>7,5 €</b>
<b>AVOCADO ON TOMATO CREAM + IBERIAN SHOULDER AND EGG</b> <i>almond sauce, seed mix, iberian shoulder and egg</i> 🌾 🥛 🥚	<b>8,5 €</b>	<b>AVOCADO ON TOMATO CREAM + SALMON</b> <i>almond sauce, seed mix, and smoked salmon</i> 🌾 🥛 🐟	<b>7,5 €</b>
<b>AVOCADO ON TOMATO CREAM + SALMON AND EGG</b> <i>almond sauce, seed mix, smoked salmon and egg</i> 🌾 🥛 🐟 🥚	<b>8,5 €</b>	<b>BUTTER AND JAMS</b> <i>ask for the options of the day</i> 🌾 🥛	<b>2,5 €</b>

## EGGS

<b>MINI-OMELETTES WITH TRUFFLED POTATOES</b> ●	<b>5,5 €</b>	<b>SCRAMBLED EGGS WITH BACON</b> ●	<b>4,5 €</b>
<b>WHEAT TACO</b> <i>with omelette, canarian tomatoes, avocado, cheese and rocket</i> 🌾 🥛 🥚	<b>5 €</b>		

## SANDWICHES

<b>MIXED SANDWICH</b> <i>with brioche bread, braised turkey and emmental cheese (add a Benedict egg +1€)</i> 🌾 🥛 ●	<b>4,5 €</b>	<b>GOURMET MIXED SANDWICH</b> <i>with brioche bread, iberian shoulder and truffled cheese</i> 🌾 🥛	<b>5,5 €</b>
<b>CLUB SANDWICH</b> <i>of curry chicken</i> 🌾 ● 🥛 🥚	<b>6,5 €</b>	<b>SALMÓN FOCACCIA</b> <i>stuffed with a black olive cream, avocado, rocket and parmesan</i> 🌾 🥛 🐟 🥚	<b>6,75 €</b>
<b>MIXED CROISSANT</b> <i>with braised turkey, brie and rocket</i> 🌾 🥛	<b>4,5 €</b>	<b>VEGETABLE CROISSANT</b> <i>with pesto and sun-dried tomatoes</i> 🌾 🥛 ● 🥚	<b>4 €</b>

*If you have any allergies or intolerances, please let our staff know*

# · BREAKFAST ·

## BOWLS

### AÇAÍ BOWL

with caramelized banana, kiwi, blueberries, pumpkin seeds, grated coconut and granola



5 €

### YOGURT BOWL

with chia, strawberries, pineapple, caramelized banana, pumpkin seeds and granola



4,5 €

## SWEET

### THE DELICIOUS CAKES OF OUR CONFECTIONER "AMBROSIO"



check the allergens of the cakes of the day with our staff

5,5 €

### FRESHLY BAKED COOKIES



3 €

### BOLLERÍA

croissant, chocolate doughnuts, puff pastry palmiers with chocolate, pain au chocolat...



check the allergens of the cakes of the day with our staff

2,5 €

### PANCAKES

with caramelized banana mousse, maple sirup and strawberries



6 €

## PACK MINI BRUNCH

18 €

### ENJOY OUR BLUE 17 BREAKFAST PACK

#### 1 TOAST, CHOOSE FROM:

- Mixed sandwich of brioche bread with braised turkey and emmental cheese
- Canarian tomato spread with iberian shoulder ham
- Butter and jams
- Avocado on tomato cream, almond sauce and seed mix

**Add for 1€:**  
egg

#### 2 MINI AÇAÍ BOWL

- With caramelized banana, kiwi, blueberries, pumpkin seeds, grated coconut and granola

#### 3 MINI PASTRIES, CHOOSE FROM:

- 1/2 pancakes serving
- Freshly cooked cookie

#### 4 FRESH ORANGE JUICE

#### 5 COFFEE, TEA OR HERBAL TEA

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# · BREAKFAST ·

## JUICES & SMOOTHIES

<b>FRESHLY SQUEEZED</b> <i>orange juice</i>	<b>5 €</b>	<b>SMOOTHIE "GREEN REVIVE"</b> <i>kale, banana, mango, lemongrass and apple juice</i>	<b>5,8 €</b>
<b>SMOOTHIE "MANGO DREAM"</b> <i>pear, mango and orange juice</i>	<b>5,8 €</b>	<b>SMOOTHIE "AÇAÍ KICK"</b> <i>açaí, strawberry, blueberries, mango and orange juice</i>	<b>5,8 €</b>
<b>SMOOTHIE "COCO CRUSH"</b> <i>pineapple, coconut and pineapple juice</i>	<b>5,8 €</b>		

## COFFEE

## TEAS

<b>ESPRESSO</b>	<b>2,3€</b>	<b>EARLY GREY</b>	<b>2,7€</b>
<b>COFFE WITH A LATTE MILK</b> 🥛	<b>2,4€</b>	<b>ENGLISH BREAKFAST</b>	<b>2,7€</b>
<b>LONG COFFEE</b>	<b>2,4€</b>	<b>MELOCOTÓN Y MANGO</b>	<b>2,7€</b>
<b>CAFÉ LATTE</b> 🥛	<b>2,6€</b>	<b>TÉ VERDE</b>	<b>2,7€</b>
<b>CAFE LATTE WITH CONDENSED MILK</b> 🥛	<b>2,7€</b>	<b>MENTA POLEO</b>	<b>2,7€</b>
<b>VIENNÉSE COFFEE</b> 🥛	<b>3,3€</b>	<b>MANZANILLA</b>	<b>2,7€</b>
<b>CAPPUCCINO</b> 🥛	<b>3,5€</b>	<b>ROOIBOS</b>	<b>2,7€</b>
<b>BARRAQUITO</b> 🥛 <i>café, leche condensada, Liqueur 43, leche, canela y limón</i>	<b>5,5€</b>		
<b>SPECIALS WITH ALCOHOL</b>	<b>5,5€</b>		
<b>HOT CHOCOLATE</b> 🥛	<b>3,5€</b>		

\* ask for our vegetable milks

\* ask for vegetarian and vegan adaptations of the dishes

🌾 GLUTEN

🌿 SESAME

🧴 SULPHITES

🥚 EGG

🥛 MILK

🥥 SOYA

🐟 FISH

⚠️ Could contain  
various allergens

🌰 NUTS

🌿 CELERY

🌿 MUSTARD

\* Gluten free  
bread is available

\* VAT included

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# • BLUE 17 •

## BOWLS & SALADS

### Seasonal fruit gazpacho

9 €

\* ask our staff about the flavours available

⚠ Ask our staff

### Mango, strawberry & watercress salad

11,5 €

with caramelized goat cheese roll in orange honey and pistachio and raising vinaigrette



### Cream of courgette cream with croutons and cured egg yolk

12 €



### 7 flavours pasta salad

11 €

toamto, tuna, basil, oil, pepper, garlic and black olives



### Caprese "Blue 17"

10,5 €

with stracciatella foam, freshly picked-up tomato slices and green basil mojo sauce



### Salmon poke bowl

13,5 €

on a base of sushi rice, avocado, carrot, edamame, mango, crunchy onion and sour mango sauce



## SNACK & SHARE

### Canarian cheeses platter

16 €

selected by "Queso Project"



### Iberian cured shoulder ham platter

21 €

and spanish baguette with tomato spread



### Varieties of "wrinkled" canarian potatoes

8,5 €

with spicy mojo sauce, green coriander mojo sauce and almogrote (light pâte of hard cheese with garlic)



### Croquettes battered in panko, choose from the following:

8,5 €

- Mushrooms, spinaches and cheese with roasted garlic emulsion (6 units)
- Saharan squid in its own ink with avocado alioli (6 units)
- Corn broth croquettes with avocado emulsion (6 units)

### Olivier king prawn salad

10,5 €

in carrot pickle, crispy shrimps and seaweed powder papadum



### Fried eggs with red tuna

16,5 €

red tuna, flame diced avocado and truffled hollandaise sauce



### Greek pizza

12,5 €

homemade instant pita bread with fresh buffalo mozzarella, house marinate olives, dried tomatoes and pickled lemon peel



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# • BLUE 17 •

## MAIN COURSE

<b>Vegetable lasagna</b> <i>flame-baked, with aubergin bolognese, lemon bechamel sauce au gratin with parmesan cheese</i> 🌾 🥛	14€	<b>Cooked chicken bowl</b> <i>with satay sauce: made of peanuts and coconut milk, served on a base of flavoured basmati rice and fresh herb mix</i> 🌾 🥛 🌿 🥚	15€
<b>Grilled pickled vegetables</b> <i>on truffled potato foam</i> 🥛 🥚 🌿	12€	<b>Pork cheeks</b> <i>in a red wine sauce with parmentier mashed potatoes and parsley oil</i> 🥛 🥚	15,5€
<b>Cooked salmon</b> <i>served on tagliatelle with salmon cream and dill</i> 🌾 🥛 🥚 🐟	14€	<b>Beef Blue 17 burger</b> <i>with 36 months matured gouda cheese, canarian tomato, lettuce, bacon and truffle mayonnaise served with french fries (add an egg +1€)</i> 🌾 🥛 🥚	16€
<b>Beyond burger with veganaise</b> <i>canarian tomato, lettuce, cucumber and served with french fries (add an egg +1€)</i> 🌾 🥛	15€		

## DESSERTS

<b>Freshly baked cookie</b> <i>with vanilla ice cream · Cooking time 10 minutes</i> 🌾 🥛 🥚	7€	<b>Cakes of the day</b> <i>by our confectioner "Ambrosio"</i> ——— ⚠️ Ask the staff team	6€
<b>Bowl de of seasonal fruits</b> <i>with caramelized banana foam and mint oil</i> 🥛 🥚 🌿	7€	<b>Oreo cheesecake</b> <i>with oreo crumbs and creamy cheese</i> 🌾 🥛 🥚 🌿	7€
<b>Chocolate brownie</b> <i>with cherry ice cream and pistachio powder</i> 🌾 🥛 🥚 🌿	7,5€		

🌾 GLUTEN	🐟 FISH	🥚 EGG
🥛 MILK	🌿 SOYA	🐚 MOLLUSCS
🥚 NUTS	🌿 MUSTARD	🌿 SESAME
🥚 SULPHITES	🐚 CRUSTACEANS	🥚 PEANUTS
🌿 LEEK	🌿 LUPIN	

\* Gluten free bread is available

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