



ARRECIFE GRAN HOTEL & SPA *****

• BREAKFAST •

TOASTS

TRUFFLED EGGS BENEDICT

with sautéed mushrooms



6,5€

SPREAD OF CANARIAN TOMATOES

with Iberian ham shoulder



4€

AVOCADO

served on salmon cream, almond sauce, poppy seeds and spirulina



5,5€

BUTTER AND JAMS

homemade (ask for the options of the day)



2€

SANDWICHES

MIXED SANDWICH

with brioche bread, braised turkey and Emmental cheese (make it benedict +2,5€)



3,5€

FOCACCIA

stuffed with black olive cream, served with Sicilian mortadella, rucola and parmesan cheese



3,5€

SPANISH BREAD

with crumbled charcoal-grilled chicken breast, avocado cream and fresh watercress



4,5€

VEGETABLE CROISSANT

with pesto and sun-dried tomatoes



3,5€

BOWL

CREAMY YOGHURT BOWL

Açaï berry, red berries, granola and a mix of seeds



3,5€

SEASONAL FRUIT BOWL

with yoghurt ice cream, muesli and oat flakes



3,5€

SMOOTHIE BOWL WITH PISTACHIO

strawberries, bananas, cocoa nibs, chia and spirulina



4,5€

SWEET

FRENCH TOAST

soaked in coconut milk, palm honey, strawberries and caramelized banana foam



5,5€

THE DELICIOUS CAKES

of our confectioner "Ambrosio"



5€

COOKIES

freshly baked



2,5€

PASTRIES

(croissant, doughnuts, puff pastry palmiers with chocolate, pain au chocolat, ...)



2€

• BREAKFAST •

JUICES & SMOOTHIES

ORANGE JUICE 4,5€ **MULTIVITAMIN** 5,5€
freshly squeezed *Mango, orange, carrot and banana*

ANTIOXIDANT 5,5€ **DETOX** 5,5€
Strawberry, melon, orange, red berries *Apple, celery, cucumber, ginger*



* (make it smoothie, adding yoghurt ice cream + 1 €)

COFFEE

TEA

ESPRESSO 2,10€

CORTADO  2,20€
Espresso with little milk


AMERICAN 2,20€

MILKY COFFEE  2,30€

LECHE Y LECHE  2,50€
Milky coffee with sweetened condensed milk

VIENA COFFEE  3,25€

CAPPUCCINO  2,90€

BARRAQUITO  4,75€
Black coffee, sweetened condensed milk, liqueur and milk foam

SPECIALS WITH ALCOHOL 5,5€

HOT CHOCOLATE  3,25€

EARLY GREY 2,5€

ENGLISH BREAKFAST 2,5€

PEACH AND MANGO 2,5€

GREEN TEA 2,5€

PENNYROYAL 2,5€

CHAMOMILE 2,5€

ROOIBOS 2,5€

* ask for our vegetable milks

* Ask for vegetarian and vegan adaptations of the dishes

 GLUTEN

 SESAME

 SULPHITES

 EGG

 MILK

 SOYA

 FISH

 Could contain various allergens

 NUTS

 CELERY

 MUSTARD

* Gluten free bread is available