

## CARTA DE DESAYUNOS

### TOSTADAS ESPECIALES

**AGUACATE SUNRISE** 9,60€  
Tostada de espelta casera con aguacate, rúcula, tomate, huevo poché campero, semillas de calabaza y chimichurri de tomates secos

**ENERGÉTICA** 8,50€  
Tostada de espelta casera con queso de cabra, espinacas salteadas, huevo poché campero y cebolla crujiente

**SALMÓN SUNRISE** 10,70€  
Tostada de espelta casera con salmón ahumado, huevo poché campero, queso crema al eneldo, rúcula y cebolla crujiente

**LA BENEDICT TOAST** 9,60€/10,70€  
Tostada de espelta casera con salmón ahumado o bacon, huevo poché campero, tomate, aguacate y salsa holandesa

**QUESO DE CABRA** 6,50€  
3 Tostadas integrales de cereales con aguacate, queso de cabra y tomate

**TOSTADA VEGANA ARTESANA** 8,50€  
Tostada de pan de espelta y trigo sarraceno casero, con queso vegano, tomate, champiñones salteados, aguacate, rúcula y semillas tostadas

### NUESTROS BOWLS

**BOWL DE FRUTA** 5,20€  
Mix de frutas de temporada  
Extras a elegir:  
• Zumo de naranja 1,90€  
• Yogur griego 2,50€  
• Yogur de soja 2,30€  
• Granola 1,90€  
• Muesli 1,90€  
• Avena 1,90€  
• Mix de semillas y frutos secos 2,50€

**AÇAÍ BOWL** 11,80€  
Açaí, plátano y leche de arroz  
Topping: fresas, plátano, kiwi y granola

**BLUE BOWL** 13,50€  
Plátano, piña, Spirulina azul y yogurt griego  
Toppings: fresas, arándanos, mango, bayas de Goji y semillas

### SUPER DESAYUNOS

**INGLÉS** 11,50€  
Huevos fritos camperos, bacon, alubias, tomate y champiñones a la plancha, tostadas de pan rústico y mantequilla

**FRANCÉS** 11,50€  
Tortilla francesa camperos, croissant, queso brie y tostadas de pan rústico con mantequilla y mermelada

**NORUEGO** 13,60€  
Huevos camperos revueltos, salmón ahumado, queso crema con eneldo y tostadas de pan rústico con mantequilla

**INGLÉS VEGGY** 12,50€  
Huevos fritos camperos, salchicha Beyond, tomate plancha, espinacas salteadas, champiñones salteados, aguacate y tostadas de cereales

**TROPICAL** 9,80€  
Yogurt con fruta fresca, 2 tostadas de cereales con guacamole y tomate

### TABLAS

**TABLA IBÉRICA 2 PAX** 25,00€  
Jamón ibérico, queso manchego y pan tostado rústico con tomate

**TABLA MUSSET 2 PAX** 20,50€  
2 huevos hervidos camperos, salmón ahumado, pavo asado, jamón dulce, jamón serrano, quesos variados, guacamole, 2 croissant y pan tostado con mantequilla y mermelada

Disponemos de pan sin gluten

## CARTA DE DESAYUNOS

### SÁNDWICHES

**MIXTO** 5,90€  
Jamón York y queso a la plancha

**CLUB MUSSET** 10,90€  
Pollo a la plancha, bacon, huevo plancha, queso, lechuga, tomate y mayonesa

**CLUB VEGETARIANO** 10,90€  
Aguacate, queso brie, lechuga, col lombarda, salsa de tomates secos, espárragos blancos y mayonesa

**CLUB ATÚN** 10,10€  
Atún, lechuga, tomate, rúcula y mayonesa

**CLUB SALMÓN** 12,90€  
Salmón ahumado, queso crema al eneldo, lechuga, aguacate, tomate y rúcula

### BAGELS

**BAGEL DE SALMÓN** 10,50€  
Queso Philadelphia con eneldo, salmón ahumado, rúcula

**BAGEL DE PAVO** 8,30€  
Pavo asado natural con tomate, lechuga y mayonesa a la mostaza

**BAGEL BREAKFAST** 9,80€  
Aguacate, bacon, huevo plancha, tomate y lechuga

### PANINIS

**PANNINI SERRANO** 9,90€  
Jamón Serrano, queso Brie, tomate y rúcula

**PANNINI MOZZARELLA Y PESTO** 8,90€  
Tomate, mozzarella, pesto y rúcula

**PANNINI TORTILLA Y BACON** 8,90€  
Tortilla de huevos camperos, tomate y bacon crujiente

### PANCAKES 4UNID

Azúcar glass 6,80€

Dulce de leche y plátano 9,90€

Mermelada casera de frutos rojos y fresas 9,70€

Sirope de Arce 6,20€

Miel 8,40€

Nutella y fresas 9,20€

Frutas y sirope de Arce 12,60€

### TARTAS CASERAS

**Tarta de zanahoria** con nueces 6,20€

**Tarta de queso** con mermelada casera de frutos rojos 6,70€

**Lemon pie** de limón y merengue 5,90€

**Tarta de la abuela:** galletas maría, natillas caseras, chocolate, café y coco rallado 6,10€

**Tarta de manzana** y caramelo con crumble 6,50€

**Tarta Tatín** de manzana 6,70€

**Brownie** sin gluten de chocolate con nueces 5,90€

**Banoffee:** tarta de plátano y tofee con nata y un toque de Baileys 6,70€





## BREAKFAST MENU

### SPECIAL TOAST

**AVOCADO SUNRISE**  9,60€  
Homemade spelled bread with avocado, tomato, arugula, free range poached egg, pumpkin seeds and dried tomato chimichurri

**ENERGETIC TOAST**  8,50€  
Homemade spelled bread with goat cheese, sautéed spinach, free range poached egg and crispy onion

**SALMON SUNRISE** 10,70€  
Homemade spelled bread with smoked salmon, free range poached egg, cream cheese with dill, arugula and crispy onion

**THE BENEDICT TOAST** 9,60€/10,70€  
Home made toasted spelled bread with avocado, bacon or smoked salmon, hollandese sauce and tomato

**GOAT CHEESE TOAST** 6,80€  
3 Whole grain toast with avocado, goat cheese and tomato

**VEGAN TOAST**  8,50€  
Homemade toasted spelled bread, with tomato, vegan cheese, mushrooms, avocado, arugula and toasted seeds

### BOWLS

**MAKE YOUR BOWL**  
Mix of season fruits: 5,20€  
• Orange juice/juice 1,90€  
• Greek yogurt 2,50€  
• Soy yogurt 2,30€  
• Granola 1,90€  
• Muesli 1,90€  
• Oats 1,90€  
• Mix of seeds and nuts 2,50€

**AÇAÍ BOWL** 11,80€  
Açaí, banana and rice milk  
Topping: strawberries, banana, kiwi and granola

**BLUE BOWL** 13,30€  
Banana, pineapple, blue Spirulina and Greek yogurt  
Toppings: strawberries, blueberries, mango, Goji berries and seeds

### SUPER BREAKFAST

**ENGLISH** 11,50€  
Free range fried eggs, bacon, beans, grilled tomato, grilled mushrooms buckwheat toasted bread with butter

**FRENCH**  11,50€  
French free range egg omelette, croissant, brie cheese and buckwheat toasted bread with butter and jam

**NORWEGEAN** 13,60€  
Smoked salmon, free range scrambled eggs, buckwheat toasted bread and cream cheese with dill

**ENGLISH VEGGY**  12,50€  
Free range fried eggs, Beyond sausage, tomato, sautéed spinach, sautéed mushrooms, cereal bread and avocado

**TROPICAL**  9,80€  
Greek Yogurt bowl with fresh fruit, 2 cereal toast with guacamole and tomato

### TO SHARE...

**IBERIAN BREAKFAST 2 PAX** 25,00€  
Iberian ham, manchego cheese and bread with tomato

**MUSSET BREAKFAST 2 PAX** 20,50€  
2 free range boiled egg, smoked salmon, roast turkey, sweet ham, Serrano ham, assorted cheeses, guacamole, 2 croissants and assorted toasted bread with butter and jam



## BREAKFAST MENU

### SANDWICH CLUB

|                                                                                                                                                                                                                               |        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| <b>BIKINI</b><br>Sweet ham and cheese                                                                                                                                                                                         | 5,90€  |
| <b>CLUB MUSSET</b><br>Grilled chicken, edam cheese, bacon, fried egg, mayonnaise, tomato and lettuce                                                                                                                          | 10,90€ |
| <b>CLUB VEGGY</b> <br>With brown toast, avocado, Brie cheese, dry tomato pate, red cabbage, arugula, white asparagus, lettuce and mayonnaise | 10,90€ |
| <b>CLUB TUNA</b><br>Arugula, lettuce, tomato and mayonnaise                                                                                                                                                                   | 10,10€ |
| <b>CLUB SALMON</b><br>Smoked salmon, arugula, avocado, cream cheese with dill and tomato                                                                                                                                      | 12,90€ |

### BAGELS

|                                                                                   |        |
|-----------------------------------------------------------------------------------|--------|
| <b>SALMON BAGEL</b><br>Philadelphia cheese with dill, smoked salmon and arugula   | 10,50€ |
| <b>TURKEY BAGEL</b><br>Natural turkey with tomato, lettuce and mayo-mustard sauce | 8,30€  |
| <b>BAGEL BREAKFAST</b><br>Avocado, bacon, fried egg, tomato and lettuce           | 9,80€  |

### PANNINIS

|                                                                                                                                                                    |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>SERRANO PANNINI</b><br>Serrano ham, Brie cheese, tomato and arugula                                                                                             | 9,90€ |
| <b>MOZZARELLA &amp; PESTO PANNINI</b> <br>Tomato, mozzarella, pesto and arugula | 8,90€ |
| <b>OMELETTE &amp; BACON PANNINI</b><br>French omelette, tomato and bacon                                                                                           | 8,90€ |

### PANCAKES 4UNID

|                              |        |
|------------------------------|--------|
| Sugar                        | 6,80€  |
| Toffee and banana            | 9,90€  |
| Red berry and strawberry jam | 9,70€  |
| Maple Syrup                  | 8,40€  |
| Honey                        | 7,90€  |
| Nutella and strawberries     | 9,20€  |
| Maple fruits and syrup       | 12,60€ |

### HOME MADE CAKES

|                                                                                      |       |
|--------------------------------------------------------------------------------------|-------|
| <b>Carrot cake</b> with walnuts                                                      | 6,20€ |
| <b>Cheese cake</b> with red fruits                                                   | 6,70€ |
| <b>Lemon pie</b> with meringue                                                       | 5,90€ |
| <b>Grandma's cake:</b> biscuits, vanilla cream, chocolate, gratted coconut and cofee | 6,10€ |
| <b>Apple and toffe cake</b>                                                          | 6,50€ |
| <b>Apple tart Tatin</b>                                                              | 6,70€ |
| <b>Brownie</b> gluten-free with nuts                                                 | 5,90€ |
| <b>Banoffee:</b> Banana, toffe, cream and baileys cake                               | 6,70€ |

