

SUMMER CAMP TENNIS INTENSIVE NEW WEEK!

For players aged 8 to 18

27th AUGUST - 01st SEPTEMBER, 2023
MALLORCA

IT INCLUDES

TRAINING & ACTIVITIES

- Tennis level test on arrival Sunday.
- 18 hours of tennis training per week. Court/player ratio 1:4.
- Tennis competition on Thursday.
- 7,5 hours of sports activities.
- 3 hours per week of "Building a Champion" activities.
- Leisure activities at the facilities.
- Guided visit to the Rafa Nadal Museum.
- Barbecue dinner and trophy presentation.
- Lunch and snack at mid-morning.
- Welcome package.

BOARDING

- 5 nights of accommodation at the Academy's supervised residence (full board)*.
- Medical care and physiotherapy service (if necessary)*.
- Transfer service to and from the airport*.

*Included only in the campus option with accommodation at the Academy's supervised residence.

WEEKLY SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00	Arrivals	Good morning!				Departures
8:00		Breakfast				
8:30 - 11:00		Tennis training				
11:00 - 11:15		Snack break				
11:30 - 13:00		Sport activities				
13:00 - 15:00		Lunch & Free time				
15:00 - 16:30		Tennis training			Tennis & Sport activities competition	
16:30 - 16:45		Snack break				
16:45 - 18:00		Test level & tennis training	Building a Champion			
19:00 - 19:30			Free time			
19:30 - 21:00	Dinner				Barbecue dinner & Tournament prizes	
21:00 - 22:00	Free time	Leisure activities				
22:30	Good night!					

*The schedule of weekly activities is tentative, it will be adjusted for each age group.



FACILITIES



- 45 tennis courts
 - 23 hard courts (19 outdoor & 4 indoor)
 - 22 clay courts (15 outdoor & 7 covered)
- Fitness center
- 1 football 7 pitch
- 2 squash courts
- 1 semi-olympic 25m pool
- 1 beach volley court
- Sports Clinic
- 16 padel tennis courts
 - 7 indoor courts
 - 9 outdoor courts (3 panoramic)
- 2 outdoor recreational pools
- 1 padbol court
- SPA & Beauty salon