Horario clases virtuales

Virtual Class Schedule

RAFA NADAL CLUB

	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY
7:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4		
8:15	GROUP CYCLE 45' Sala 4 · Room 4		GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4		
9:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4				GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
							BODY PUMP 45' Sala 3 · Room 3
10:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
							BODY COMBAT 45' Sala 3 · Room 3
11:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
							BODY BALANCE 45' Sala 3 · Room 3
12:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
						BODY COMBAT 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3
13:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
						BODY PUMP 45' Sala 3 · Room 3	BODY COMBAT 45' Sala 3 · Room 3
14:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
	BODY PUMP 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3	BODY COMBAT 45' Sala 3 · Room 3	BODY BALANCE 45' Sala 3 · Room 3	BODY BALANCE 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3

	LUNES MONDAY	MARTES TUESDAY	MIÉRCOLES WEDNESDAY	JUEVES THURSDAY	VIERNES FRIDAY	SÁBADO SATURDAY	DOMINGO SUNDAY
15:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
	BODY PUMP 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3		BODY BALANCE 30' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3	BODY BALANCE 45' Sala 3 · Room 3
16:00					BODY PUMP 45' Sala 3 · Room 3		
16:15	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4
						BODY COMBAT 45' Sala 3 · Room 3	BODY PUMP 45' Sala 3 · Room 3
17:15						BODY PUMP 45' Sala 3 · Room 3	
18:15						BODY BALANCE 45' Sala 3 · Room 3	
19:15						BODY PUMP 45' Sala 3 · Room 3	
19:30		GROUP CYCLE 45' Sala 4 · Room 4		GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	GROUP CYCLE 45' Sala 4 · Room 4	
20:00	GROUP CYCLE 45' Sala 4 · Room 4		GROUP CYCLE 45' Sala 4 · Room 4				
20:45		BODY BALANCE 45' Sala 3 · Room 3					
21:00					BODY PUMP 45' Sala 3 · Room 3		

LesMills BODYPUMP · LesMills BODYBALANCE · LesMills BODYCOMBAT · LesMills GRIT · ZUMBA · HBX