

SPA MENU



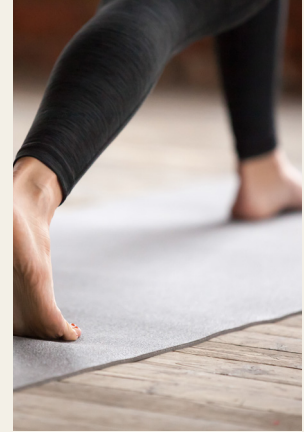
MASSAGES



**RITUAL
CEREMONY**



BEAUTY



**PERSONAL
TRAINER**

Located between the San Juan Mountains, **The Giri Residence Spa** provides all the benefits of being surrounded by nature. Together with all its spaces, massages, rituals, beauty treatments, yoga and pilates classes, made it a perfect place to disconnect and reconnect with your soul.

Same for hotel guests and our visitors, The Giri Residence Spa allows you to relax, let yourself go and get to know the most spiritual side of the hotel. Our team of specialized therapists will help you eliminate physical tension and relax your mind.

MASSAGES

Health is our most precious wealth.

RECONNECTION

This massage invites you to reconnect with your body, with gentle and prolonged pressure it evokes relaxation, improves circulation and balances energy. We use oil selected for your constitution.

Includes:

- Welcome Ayurveda
- Relaxing massage

60 min € 120	90 min € 160
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HARMONY

All success begins with a first step... Our feet lead us to achieve all our goals and support us in all life situations, which is why they deserve good care.

Through reflexology and medical plants, this deeply relaxing treatment treats different areas of the body in addition cheer up the mood, helping you to leave worries behind, move forward firmly and walk the path with determination and courage.

Includes:

- The ancient ritual art of foot washing
- Foot exfoliation
- Relaxing foot mask
- Foot massage (foot reflexology)
- Head massage
- Craniosacral

60 min € 130	90 min € 170
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MASSAGES

HERBAL MASSAGE

Therapeutic massage with herbal compresses and hot stones to relax muscle tension. Deep pressure is applied especially to tense areas.

Includes:

- Massage with bags of medical herbs from Ibiza
- Thai massage stretches and pressures as needed
- Hot stones

90 min **€ 180**

AWAKEN THE BODY

Revitalizing deep tissue massage to make your body feel renewed, where the tensest areas receive special attention, thus freeing the body and mind.

Includes:

- Traditional Thai massage stretches
- Biodynamic craniosacral
- Deep tissue massage

60 min **€ 140**

90 min **€ 180**

RITUAL CEREMONY

BODY COCOA CEREMONY

Cacao is a sacred medical plant that was the focus of ceremonial donations used by the ancient Maya for centuries. Experience the sacred cacao ritual for yourself. Free your mind from external distractions, re-discover your inner being and your healing heart.

Includes:

- Cacao Welcome Ceremony
- Energetic cleansing exfoliation
- Cocoa body mask to encourage the joy
- Massage with alignment of Chakras

90 min € 200

RASAYANA

Rasayana is a rejuvenating ritual that balances and revitalizes your body, mind, and spirit. It gives you the perfect opportunity to be spoiled and cared for from head to toe. A ritual that will leave you in total bliss.

Steps:

- Body scrubs
- Relaxing and hot bath with local Mediterranean plants
- Full body massage with special Ayurvedic oils according to your body constitution
- Facial treatment

120 min € 280

BEAUTY SANCTUARY

*Facial and body care treatments:
beauty inside and out*

INNER GLOW FACIAL

This facial treatment is holistically designed using natural products selected for their highly effective healing purposes. Our skin care professional will create a personalized treatment to restore balance of your skin, using organic botanical blends specific to your skin type.

Includes:

- Full facial hygiene: Cleansing, hydration and improves the firmness of the skin
- Cupping
- Gua Sha (rose quartz stone)
- Facial Reflexology

60 min € 130	90 min € 160
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BODY RADIANCE

A full body scrub, with selected herbs from Ibiza according to your skin type; It provides elasticity, vitality and eliminates fatigue from the body thanks to the combination of medical plants.

Includes:

- Energetic cleaning with Romero
- Personalized exfoliation according to your needs
- Hydration

60 min € 130	90 min € 160
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MANICURE AND PEDICURE

Manicure	€ 70
Manicure semi-permanent nail polish	€ 80
Pedicure	€ 80
Pedicure semi-permanent nail polish	€ 90
Remove semi-permanent nail polish	€ 15

DEPILATION

Women

Eyebrows	€ 22
Upper Lip	€ 20
Armpits	€ 22
Arms	€ 40
Brazilian	€ 40

Bikini	€ 30
Hollywood	€ 50
Half Leg	€ 35
Full Legs	€ 45

Men

Arms	€ 40
Back	€ 50

Chest	€ 48
Legs	€ 60

PERSONAL TRAINER

YOGA

El yoga cultiva la salud y el bienestar en todos los aspectos físicos, Yoga cultivates health and well-being in all physical, emotional, mental, and social aspects through regular practice, which includes different techniques such as postures, movement, breathing, relaxation, concentration, and meditation. It leads to a greater integration of being and a sense of togetherness.

PILATES

Stretch, strengthen and re-educate your body through movements controlled by your body-mind connection that will help you correct postures or relieve neck and back pain; focus your attention on proper postural alignment, core strength, and muscle balance.

All individual classes € 120	€ 50 per extra person
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**TO BOOK YOUR MASSAGE OR BEAUTY SESSION
PLEASE CONTACT RECEPTION.**

CANCELLATION POLICY

Cancellations or changes to your appointment must be made at least 5 hours in advance. Cancellations made less than 5 hours in advance will be charged 100%.